What Can I Do?

Recognizing and Helping Students in Distress

CONTACT INFORMATION

DETAILS

Student Health Services ....................................................(314) 935-6666
• To speak with a counselor and/or make an appointment.
• Regular Mental Health Services office hours during the academic year are Monday to
  Friday, 8:30 a.m. to 6:00 p.m.
  Habif Health and Wellness Center
  Nathan Dardick House
  Located on Garden Level

After Hours Emergencies ..................................................(314) 935-6666
For emergencies after hours, call 935-6666 and listen to the menu for directions.

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Additional Campus Resources

Uncle Joe’s Peer Counseling and Resource Center (314) 935-5099
Student-run, confidential peer counseling and referral service. Available during the fall and spring semesters, 24 hours per day, by pager or for walk-in counseling, 10 p.m.-1 a.m. each evening—Gregg House

Sexual Assault and Rape Action Hotline (SARAH) ..................................(314) 935-8080
24-hour, student-staffed crisis counseling and resource phone service addressing the issues of sexual harassment, sexual abuse, sexual assault, and rape. Available during the fall and spring semesters.

Women’s Crisis Counselors
Immediate support and assistance identifying resources and options relating to sexual assault or harassment
• Karen Levin Coburn ..............................................................(314) 935-5040
• Lisa Sinden-Gottfried .............................................................(314) 935-6695
• After hours, contact through Washington University Police Department ........................................(314) 935-5555

Cornerstone: The Center for Advanced Learning..............................................(314) 935-5970
• Provides tutoring, academic advising, and assistance with time management, test-taking strategies, and developing effective study skills
• Approves and arranges services and accommodations for students with disabilities.

Campus ministers
For additional resources, members of the interfaith Campus Ministers Association are available to talk with students. Contact Jill Carnaghi at (314) 935-5062 for further information.